



Ho'ola Spa Services



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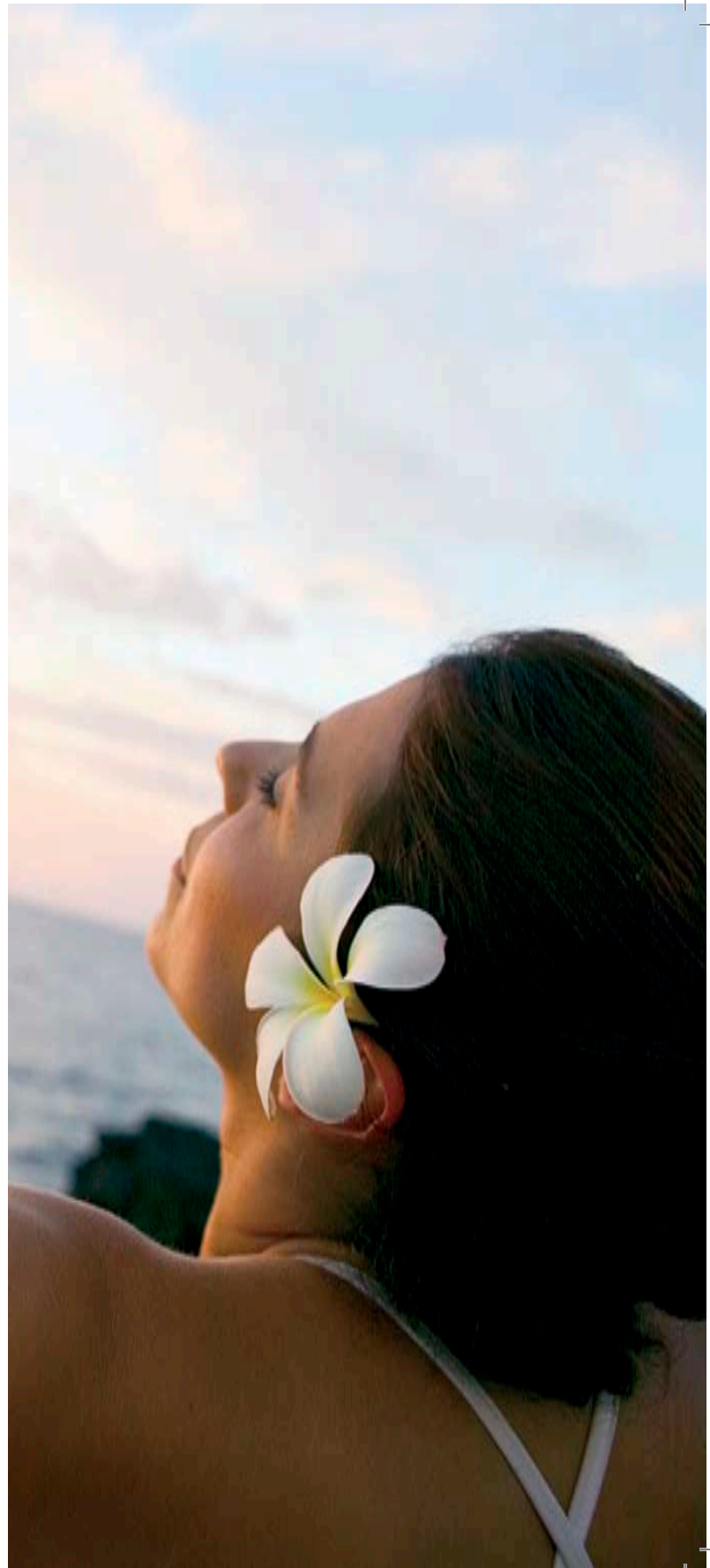
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Sheraton Keauhou Bay Resort & Spa
The Big Island, Hawai'i



Enhance your visit to the Sheraton Keauhou Bay Resort & Spa with a reviving journey for your body, mind and soul. Indulge in the holistic rituals of our oceanfront Ho'ola Spa. Offering extraordinary treatments and massages. Revive your senses and relax your mind with our beauty specialists. Whether you seek a single service or wish to pamper your senses for an entire day, our spa caters to your every need. Come join us at the Ho'ola Spa. An invigorating makeover awaits you.





Therapeutic Massages

Half (25 min) – \$75 (excludes specialty massages)

Full (50 min) – \$120

Deluxe (80 min) – \$160

In room (minimum 80 min) – add \$50

Hapai (Pregnancy) Massage

Full (50 min) only

This is a nurturing and relaxing massage for the mother-to-be. Using a unique body support system, special attention is given to the comfort and stage of pregnancy.

Lomi Lomi Hawaiian Massage

Practiced by the ancient Kupuna (Elders), this Hawaiian method of long, rhythmic, vigorous kneading strokes will ease muscle tension and stimulate blood circulation to promote relaxation of the body, soul, and spirit.

Reflexology

This gentle massage technique on the hands and feet focuses on pressure points related to a special area or organ of the body to relieve pain, stress, and promote circulation.

Swedish

Designed by the Swedish culture, this classic technique of long stroking movements will relieve muscle tension and soothe the nervous system.

Specialty Massages

Hawaiian “Pohaku” Healing Stone Massage

50 min – \$140 / 80 min – \$180

Feel the Mana (spiritual) healing of the Pohaku (Volcanic River Stones), as they are massaged with oil over your body to relieve muscle stress and re-energize the body.

Deep Tissue Massage/ Sports Massage

50 min – \$140 / 80 min – \$180

Designed to relieve muscle stiffness, restore mobility and flexibility, this deeper and more precise technique affects various layers of fascia, which supports the muscle tissue. Great for sports enthusiasts and chronic pain sufferers.

Shiatsu Massage

50 min – \$140 / 80 min – \$180

An ancient Japanese method, “Shi” (fingers) and “Atsu” (pressure) is designed with a moderate to strong touch on pressure points of the body to stimulate and restore balance, enabling the body to regain its own healing process as well as releasing blockages along energy pathways.

Traditional Thai Massage

80 min – \$180

Developed by the natives of Thailand, this deep stretching and soft tissue manipulation was designed to release tension and open up the body’s energy lines. It is suggested that clients wear loose fitting clothing when receiving this massage where it is done on the floor and no oil is applied.

Additional services

that can be added to the above treatments:

Aromatherapy Additions

add \$20

Your therapist will be happy to select a blend of pure aromatherapy oils that will customize your massage, calm the mind, detoxify the body, and rejuvenate the spirit. You will also take home a vial of your personalized Aromatherapy fragrance.

Couples

Let us know if you wish to share your massage experience with a friend or loved one in the same room or on our lanai for no additional charge.



Skin Care

Carefully selected, we use Beaubelle, a holistic, result oriented product, formulated for skin and body care, researched and developed in Switzerland.

Ho'ola Ocean Facials

Our facials are customized and designed to produce a healthier more vigorous glow to your skin while providing the most advanced and effective anti-aging system available. All facials include a skin analysis, cleansing, exfoliation, shoulder, neck, face, foot massage, mask and moisturizer.

Customized Facial

Mini (25 min) – \$80 (excludes add-ons)

Full (50 min) – \$125

Deluxe (80 min) – \$175 Includes: Intensive Eye Treatment and Mask

After a complete skin analysis your therapist will design a treatment that best suits your skin needs. Indulge in a deep cleansing and rejuvenating experience.

Add on treatments:

Pure Collagen Eye Treatment 15 min – \$40

Aromatherapy Oils 15 min – \$20

Deep Pore Cleansing Extraction 5 min – \$17

Neck Firming Treatment 5 min – \$35

Acne Sea Mud Facial

80 min – \$180

This therapeutic treatment is specially recommended for dilated pore stressed skin. It has been found that sea mud is richer than earth mud due to the higher contents of minerals and trace elements giving it the power to reaffirm the tissues.

Oxygenating Anti-Aging Facial

80 min – \$180

Fight the signs of aging with this therapeutic treatment. The Anti-aging facial slows down the skin's aging process and facilitates natural reoxygenation to help rebuild its elasticity and firmness.

Whitening Facial

50 min – \$140 / 80 min – \$180

This treatment serum combined with Mandarin Orange essential oil, has a calming and whitening effect due to its high content of vitamin C.

Rejuvenation Facial

50 min – \$140 / 80 min – \$180

Recommended for those who have fragile, easily irritated skin, the properties of spiruline (blue algae) contain active ingredients which support cell metabolism and rejuvenate the skin.

Green Tea Facial (Natures Wonder)

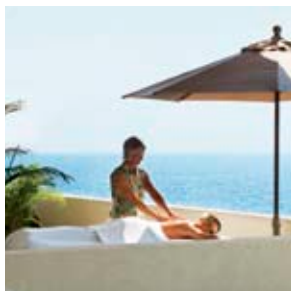
50 min – \$140 / 80 min – \$180

The antioxidant in green tea helps detoxify and strengthen the skins elasticity. Come feel the wonders of Green Tea.

Back Facial

50 min – \$140

This complete back treatment will cleanse and exfoliate, followed by extractions, massage and customized mask. Enjoy the pleasure of a hand and foot massage while your skin is hydrating.



Body Treatments

Ho'ola Beaubelle Signature Body Mask

80 min – \$150

Ho'ola means "to heal or to make well". Come and wrap your body with our signature body mask derived from Algae, antioxidant vitamins A, C, E and the protective properties of Gingko Extract. Relax while we heal and rejuvenate your well being.

B.E.E. The Body Elixir Trio

50 min – \$125

This treatment is designed through the chi flow application method. Words can't express how joyous you will feel after this three step treatment. Clear quartz is a power stone that harmonizes and balances, enhances energy and thoughts as well as purifies the spiritual, mental and physical. The crystal radiates high frequency vibrations which transforms and energizes the ingredients.

Anti-Cellulite "Firming" Body Mask

50 min – \$148

This mask will energize, detoxify, and increase lymphatic drainage while minimizing the appearance of cellulite. The result is an increased firmness and suppleness of the skin.

Aloe Herbal Body Wrap

50 min – \$135

This treatment will soothe and heal skin from over exposure to the sun. To moisten and smooth your skin, plunge into an all-natural Aloe Herbal Body Wrap. This formula works along with the lymphatic system to help flush out toxins.

Hawaiian Sea Salt Mineral Body Glow

50 min – \$125

This body scrub will exfoliate the skin while leaving it soft and smooth. Accompanied by a moisturizing treatment, your body will glow.

Lemon Mint Sugar Scrub

50 min – \$125

This sweet smelling sugar scrub will leave your skin glowing and silky-soft. A moisturizing treatment is added to complete your invigorating experience.

Saunas and Baths

Vichy Shower Treatment

25 min – \$75 (\$60 if in combination with body glow or scrub treatment) Treat yourself to a hydro treatment with its various temperatures and pressures to ease away stress. A wonderful treatment to accompany a full body exfoliation.

Infrared Sauna (dry)

\$25 (Complimentary with any massage, body or facial treatment)

This warm relaxing health promoting Infrared sauna will help release toxins. Please inquire about the beneficial functions of Infrared therapy.

Wet Sauna (steam)

\$25 (Complimentary with any massage, body or facial treatment)

Designed to draw out toxins and impurities from the skin. Complete this experience with an invigorating, cool Swiss shower to close open pores and lock in moisture.

Whirlpool Bath

25 min – \$45

Located on the terrace of our spa overlooking the open seas. Enjoy a relaxing private or couple's hot tub as a highlight to your day. (See "An unforgettable MASSAGE for Two")



Salon Services

Classic Manicure

30 min – \$45

Our nail treatments are designed to help stimulate natural healthy nail growth and enhance the health and appearance of the nail, cuticle, and surrounding skin. Includes relaxing lower arm and hand massage.

French Manicure

35 min – \$56

Nail Polish Change

20 min – \$25

Spa Manicure

60 min – \$85

All the therapeutic benefits of a regular manicure with the addition of an exfoliation, moisturizing and nourishing hand mask.

Paraffin Manicure

60 min – \$60

Indulge in the essence of relaxation as you immerse your hands in a warm bath of paraffin wax. This treatment is designed to absorb the hydrating lotion deep into the skin.

Therapeutic Pedicure

45 min – \$68

Designed to release tension and revive energy. Sit back in our state-of-the-art pedicure lounge chair while our specialists immerse your feet into a warm whirlpool bath followed by a sloughing of the skin, soothing massage and toe polishing.

French Pedicure

60 min – \$79

Spa Pedicure

60 min – \$79

All the therapeutic benefits of a pedicure plus foot exfoliation with a cooling and energizing foot mask.

Glycolic Pedicure

60 min – \$95

This treatment is designed to remove the rough and dry surfaces on the bottom of your feet leaving the skin soft and smooth.

Paraffin Pedicure

60 min – \$85

Indulge in the essence of relaxation as you immerse your feet in a warm bath of paraffin wax. This treatment is designed to penetrate the re-hydrating qualities of the lotion deeper into the skin tissue.

Toe Polish Change

20 min – \$25

Additional Nail Services

that can be added on to the Salon Services:

Nail Strengthening

Additional – \$15

A protein formula is used to bond the nail layers together, building a strong nail foundation that is resistant to peeling, chipping and splitting.

Aromatherapy Treatment

Additional – \$15

Hair Design

| | |
|--|---------------------------------------|
| Child's Haircut (13 & under) – 30 min. | \$30 |
| Men's Cut & Styling – 30 min. | \$45 |
| Women's Cut & Styling – 30 to 45 min. | \$75 |
| Bang Trim – 20 min. | \$20 |
| Shampoo & Set or Blow Dry – 30 to 45 min. | \$66 |
| Special Occasion Styling – 45 to 60 min | \$85 and up depending on design |

Deep Conditioning Treatment add-on \$35
Deep Conditioning & Scalp Treatment 1 hour – \$85
This luxurious treatment begins with a vigorous brushing to stimulate the scalp, followed by cranial scalp massage, shampoo, deep conditioning and styling.

Hair Color

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|-----------------------------|-------|
| New Color Application | \$135 |
| Retouch Color Application | \$104 |
| Semi-Color and Styling | \$125 |
| Foil Highlights – Half Head | \$130 |
| Full Head | \$170 |

Styling included, time dependent on length of hair and thickness.
Additional charges for long hair.

Facial and Body Waxing

Please note: **Not** recommended for sunburned skin, or anyone using Retina-A or Accutane

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|--------------------|-------------|
| Eyebrow Shaping | \$35 |
| Eyebrow Cleaning | \$30 |
| Lip Waxing | \$25 |
| Chin Waxing | \$30 |
| Full Leg Waxing | \$110 |
| Half Leg Waxing | \$65 |
| Toe Waxing | \$15 |
| Bikini Waxing | \$54 and up |
| Full Arm Waxing | \$68 |
| Under Arm Waxing | \$40 |
| Back Waxing | \$65 and up |
| Full Facial Waxing | \$85 |

(Additional charge when extra attention is needed)

Lash and Brow Tinting

| | |
|---------|------|
| Eyelash | \$38 |
| Eyebrow | \$38 |



Rejuvenating Packages

Pikake Package

2 hours – \$225

A combination of a tranquil Therapeutic Massage of your choice and a refreshing customized facial.

Serenity Package

3 hours – \$300

Begin your service with a Therapeutic Massage of your choice or add on a specialty massage. Follow up with a customized facial, then end with a warm relaxing paraffin pedicure.

Mana Aina Package

3.75 hours – \$380

“Spiritual Strength Of The Land”

Your treatment will begin with the Lomi Lomi Hawaiian massage, followed by a Green Tea Facial and ending with a paraffin manicure and pedicure.

Revitalizing Package

2.5 hours – \$250

Let us help you enjoy your Hawaiian vacation by relieving tension, stress and fatigue with our Vichy Shower Treatment and Body Glow. Follow up with a moisturizing treatment and end with a Therapeutic Massage.

Tranquility Package

2.5 hours – \$260

This package starts with a relaxing 80 minute massage and ends with a classic manicure and luxurious pedicure.

Ho'ola Package

3.5 hours – \$410

Begin your treatment with a warm and relaxing 80 minute “Pohaku” Healing Stone Massage. Then a 50 minute back facial with stimulating strokes of a Natural Boar Brush exfoliates dry skin. A deep cleansing enzyme peel exfoliation and hot towels help to relax and cleanse. A soothing aromatherapy oil massage, followed by a customized mask hydrates and moisturizes your skin. A 50 minute customized facial includes cleansing, exfoliation, enzyme peel, and skin analysis. Experience a neck, shoulder, hands and foot massage and end with an individual customized mask.

An unforgettable MASSAGE for Two

1.75 hours – \$275 for a couple

Indulge yourself in a truly unique Hawaiian experience. Your customized massage and luxurious whirlpool bath will take place on our exclusive, private terrace overlooking the Kona Sea Cliff in Keauhou Bay.

Available throughout the day.

Wedding Specialties

Services for the Bride

Let us help make your wedding day beautiful and relaxing by allowing us to coordinate all your beauty needs for that special day, beginning with a trial run schedule before the wedding day. On the day of your wedding, we'll be there to welcome you and your wedding party with plenty of pampering, and all the beauty services you need.

Bridal Up-do Style from \$85
Bridal Make-up \$65

Ho'ola Spa's Special Features

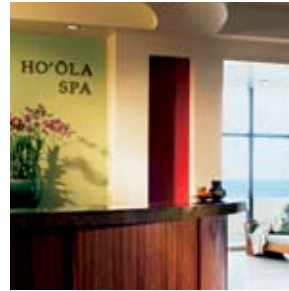
Aroma Bliss

As a gift to you, we have designed all of our Spa services* to begin with Aroma Bliss, an experience to benefit from the therapeutic properties of your chosen Aromatherapy Oil.

*With the exception of hand and feet treatments

Gift Cards

Available for all services.



Cancellation Policy

Please call to cancel or reschedule at least four hours prior to a scheduled appointment to avoid a charge of 50% of the treatment fee. **No-shows will be charged in full.**

Services, treatments and prices are subject to change without notice.

Please notify us of allergies or any medical conditions (i.e. pregnancy, high blood pressure, etc.) which may merit special attention.

For reservations and additional information call ext. 4848

Direct Tel: (808) 930-4848

Fax: (808) 930-4849

Email: HoolaSpa@gmail.com

Spa Operation Hours:

8:00am – 8:00pm, Daily

Salon Hair Services:

9:00am – 5:00pm, Daily